

## Northern Tier 10 Day Lightweight Trail Food Menu

2026

### B1-Snakin' Waffles

Snakin' Waffles	1 Each	per	person
Honey Pepper Turkey Stick	1 Each	per	person
Fruit and Nut Bar	1 Each	per	person
Bannana Chips	1 Package	per	person
Fruit Cereal Bar	1 Each	per	person
Eletrolyte Mix	1 Each	per	person

### B2- Granola

Granola - Maple Almond	1 Package	per	person
Country Meats Sweet Maple Bacon Stick	1 Each	per	person
Bridgeford CInamon Roll	1 Package	per	person
Welch's Fruit and Yogurt Blueberries	1 Each	per	person
Kar's Trail Mix	1 Each	per	person
Electrolyte Mix	1 Each	per	person

### B3- Oatmeal

Oatmeal - Maple Brown Sugar	2 Each	per	person
Powersnack Raisins	1 Each	per	person
Counrty Meat Stick - Sweet Annie Brown	1 Each	per	person
Nature Valley Protien Bar	1 Each	per	person
Trail Mix - Second Nature	1 Each	per	person
Waffle Snaps	1 Package	per	person
Electrolyte Mix	1 Each	per	person

### B4-Poptart

Poptart - Strawberry	1 Package	per	person
Dried Pineapple	1 Each	per	person
Trail Mix - Planters Nut and Chocolate	1 Each	per	person
Highland Beef Farms - BBQ Beef Bites	1 Package	per	person
Electrolyte Mix	1 Each	per	person

### B5- Eggs

Mountain House Egg Scramble	0.75 Pouch	per	person
Jack Link's Origional Beef Jerkey	1 Each	per	person
Honey Stinger Fruit Gummies	1 Each	per	person
Orange Craisins	1 Each	per	person
Fig Newtons	1 Each	per	person
Electrolyte Mix	1 Each	per	person

### B6-French Toast

Bridgeford French Toast	1 Package	per	person
Nature Valley Protien Bar	1 Each	per	person
Strawberry Craisins	1 Each	per	person
Riff's Sweet Bacon	1 Package	per	person
Animal Crackers	1 Box	per	crew
Electrolyte Mix	1 Each	per	person

**B7- Granola #2**

Cinnamon Raisin Granola	1 Package	per	person
Zee Zee's Mixies - Dried Fruit	1 Each	per	person
Planter's Tropical Trail Mix	1 Each	per	person
Honey Stinger Almond and Pumpkin Seed Bar	1 Each	per	person
Highland Beef Farms Beef Stick	1 Each	per	person
Electrolyte Mix	1 Each	per	person

**B8- Cliff Bar**

Cliff Bar - Chocolate Chip	1 Each	per	person
Honey Pepper Beef Stick	1 Each	per	person
Original Craisins	1 Each	per	person
Honey Stinger Waffle	1 Each	per	person
New Trail Mix	1 Each	per	person
Electrolyte Mix	1 Each	per	person

**L1-Uncrustable**

Peanut Butter and Honey Uncrustable	1 Each	per	person
Scooby Snacks - Graham Crackers	1 Each	per	person
Highland Beef Farms Pepperoni slices	1 Each	per	person
Salted Sunflower Seeds	1 Each	per	person
Honey Stinger sunflower seed bar	1 Each	per	person

**L2-Bridgford Sandwich**

Bridgford BBQ Chicken Sandwhich	1 Package	per	person
Fruit Snacks	1 Each	per	person
Veggie Crisp Crackers	1 Each	per	person
Smore's Chewy Bar	1 Each	per	person
Electrolyte Mix	1 Each	per	person

**L3- Triscuits**

Triscuit Crackers	1 Box	per	crew
Chicken Pouch	1 Each	per	person
Highland Beef Farms Smoked Gouda Cup	1 Each	per	person
Fruit Roll Up	1 Each	per	person
Fruit and Nut Bar	1 Each	per	person
Electrolyte Mix	1 Each	per	person

**L4-Graham Crackers**

Graham Crackers	1 Box	per	crew
Peanut Butter and jelly	1 Sleeve	per	person
Highland Beef Farms Summer Sausage (2.5 Oz per Person	3 Sausages	per	Crew
Salted Nut Roll	1 Each	per	person
Sour Raisin	1 Each	per	person
Electrolyte Mix	1 Each	per	person

**L5-Hudson Bay Bread**

Hudson Bay Bread	1 Each	per	person
Nutella Spread	1 Jar	per	crew
Welch's Fruitifuls	1 Each	per	person
Zee Zee's Grahams	1 Each	per	person
Highland Beef Farms Beef and Cheddar	1 Each	per	person
Electrolyte Mix	1 Each	per	person

**L6-Bridgeford Wrap**

Bridgeford Mexican Style Wrap	1 Package	per	person
Goldfish Crackers	1 Each	per	person
Kar's Honey Cashews	1 Each	per	person
Powersnakcs Raisins	1 Each	per	person
Electrolyte Mix	1 Each	per	person

**L7-Chicken In a Biskit Crackers**

Chicken In a Biskit Crackers	1 Box	per	crew
Tuna Pouch	1 Each	per	person
Cheeseits (individual Size)	1 Package	per	person
Sweet and Salty Trail Mix	1 Each	per	person
Cliff Bar - New Flavor	1 Each	per	person
Electrolyte Mix	1 Each	per	person

**L8-Ritz Crackers**

Ritz Crackers	1 Box	per	crew
Highland Beef Farms Salami Slices	1 Package	per	person
Highland Beef Farms Cheddar Cheese Brick	0.5 Package	per	person
Zee Zees Mixies	1 Each	per	person
Rice Crispy Bar	1 Each	per	person
Electrolyte Mix	1 Each	per	person

**L9-Wheat Thins**

Wheat Thins	1 Box	per	crew
Highland Beef Farms Original Cheese Wedges	0.5 wheel	per	person
Corn Nuts	1 package	per	person
Spam	1 package	per	person
Good Sense Yogurt Covered Raisins	1 package	per	person
Electrolyte Mix	1 package	per	person

**D1 - Beef Stroganoff**

Beef Stroganoff	0.75 Pouch	per	person
Oreos	1 Package	per	person

**D2 - Spaghetti with Meat Sauce**

Spaghetti with Meat Sauce	0.75 Pouch	per	person
Nutter Butters	1 Package	per	person

**D3 - Mac-N-Cheese**

Mac n Cheese	0.75 Pouch	per	person
Chicken Pouch	1 Pouch	per	person
David's Cookies	1 Package	per	person

**D4 - Chicken Curry**

Chicken Curry	0.75 Pouch	per	person
Bridgeford Dessert	1 Package	per	person

**D5 - Beefy Enchilada**

Beefy Enchilada	0.75 Pouch	per	person
Bridgeford Dessert	1 Package	per	person

**D6 - Chicken Masala**

Chicken Tiki Masala	0.75 Pouch	per	person
Mint Chocolate Chip Ice Cream Sandwhich	1 Package	per	person

**D7 - Cajun Style Jambalaya**

Cajun Style Jambalya	0.75 Pouch	per	person
Appleways Chocolate Chip Waffle Snaps	1 Package	per	person

**D8 - Fettucine Alfredo**

Fettuccine Alfredo with Chicken	0.75 Pouch	per	person
Chips Ahoy Cookies	1 package	per	person

**CUPBOARD ITEMS (Not Mandatory)**

BANNOCK	2	lbs	per	crew	0
FISH FRY	1	lbs	per	crew	0
POPCORN	0.25	lbs	per	crew	0
PARKAY BUTTER	1	bottles	per	crew	0
FRESH ONION	1	EACH	per	crew	0
CANOLA OIL (12 oz bottles)	2	bottles	per	crew	0
SUGAR-WHITE	1	lbs	per	crew	0
SUGAR-BROWN	1	lbs	per	crew	0
SUGAR-POWDER	0.5	lbs	per	crew	0
Powder Milk	1	packet	per	crew	0
FRESH Carrot	0.3	EACH	per	person	0
FRESH GREEN PEPPER	3	EACH	per	crew	0
FRESH POTATO	0.75	EACH	per	person	0

**BEVERAGES (not mandatory)**

COFFEE (REGULAR)	2	packets	per	day/per crew
TEA (REGULAR)				
TEA (DECAF)				
HOT CHOCOLATE	1	packets	per	person
APPLE CIDER	1	packets	per	person
SUGAR PACKETS				
CREAMER PACKETS				
SWEET N LOW				

**CONDIMENTS (not mandatory)**

- \_\_\_\_\_ KETCHUP
  - \_\_\_\_\_ MUSTARD
  - \_\_\_\_\_ Cholula
  - \_\_\_\_\_ BBQ SAUCE
  - \_\_\_\_\_ MAYONNAISE
- 

**ESSENTIALS**

_____ TOILET PAPER	1	rolls	per	day
_____ Bio Bag	2	bag	per	day
_____ FEMININE BAGS	1	bag	per	female/day
_____ LINER BAG FOR FOOD PACK	1	bag	per	food pack

**WE'RE ALL PACKED & READY TO GO!!**

**SIGNATURES:**

TRAIL STAFF: \_\_\_\_\_

COMMISSARY: \_\_\_\_\_