

Atikokan Dining Hall Menu - 2025

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Breakfast	Eggs - Sausage - Peppers & Onions - Hashbrowns - Fresh Fruit (Cantaloupe & Strawberries /Blueberries) - Yogurt	Biscuits and Gravy - Scrambled Eggs - Bacon - Home fries/diced potatoes - Fresh Fruit - Yogurt	Breakfast burritos (Eggs, Sausage, Onions) - Salsa - Sour Cream - Sausage links - Fresh Fruit - Cereal and Milk	French Toast Sticks- Bacon- Yogurt- Eggs- Fresh Fruit	Breakfast Sandwiches - Frozen, pre-prepped sandwiches - hashbrowns - Fresh Fruit - yogurt	Pancakes - Hash Browns - Bacon - syrup - Fresh Fruit - Granola - Yogurt	Breakfast Quiche and diced potatoes - Yogurt - Fresh Fruit - Cereal
Lunch	Chicken Fingers - Potato Wedges - Salad Bar	Grilled Cheese Sandwiches - Tomato Soup - Chips - Salad Bar	Corn Dogs - Mac n Cheese - Steamed veggies - Salad Bar	Beef Pot Pie- Potato Wedges- Salad Bar- apples/orange s	Cold Cuts - Chips - Carrots/Celer y - Chicken Noodle Soup - Salad Bar	Leftover day - Salad Bar	Pizza Day - Potato Wedges - Carrots - Salad Bar
Dinner	Taco Bar - Ground Beef - Nacho Cheese - Sour Cream - Diced Onions - Corn - Salsa - Salad Bar	Burgers - Fixings (lettuce, tomato, sauces, etc.) - Fries - Steamed Mixed Vegetables	Corn Dogs - Mac n Cheese - Steamed veggies - Salad Bar	BBQ Pork Sandwiches- Pulled Pork- Buns- Pickles- Cole Slaw- Potato Salad- Mac n Cheese- Baked Beans- BBQ Sauce- Salad Bar	Oriental Food - General Tso's chicken - Veggie Fried Rice - Eggrolls - Salad Bar	Shepards Pie -Mashed potatoes, beef, vegetables - Baked or steamed Broccoli - bread sticks	Baked Chicken Breasts - Scalloped Potatoes - Green Beans - Dinner rolls - Salad Bar - Brownies