

14- Night Menu

12 BREAKFASTS

B1-BREAKFAST BURRITOS (Ely Only)

TORTILLAS	2 packs	per	crew
POWDER EGGS	2 packets	per	crew
CHEESE BLOCK	1 block	per	crew
DRIED SAUSAGE (9 oz bag)	1 oz	per	person
FRESH GREEN PEPPER	1 each	per	crew
FRESH ONION	1 each	per	crew
GRANOLA BAR - #1	1 bar	per	person
TRAIL MIX #1 - Diced Pineapple	1 each	per	person
ELECTROLYTE DRINK	1 each	per	person

B2-GRANOLA

GRANOLA - maple almond	4 ounces	per	person
MEAT STICK #1 - Sunrise	2 each	per	person
YOGURT POUCH - strawberry	1 each	per	person
GRANOLA BAR - #2	1 bar	per	person
TRAIL MIX #2 - Cranberry Crunch	1 each	per	person
POWDERED MILK	1 packet	per	crew
ELECTROLYTE DRINK	1 each	per	person

B3-OATMEAL

OATMEAL	2 packets	per	person
HIGHLAND - BEEF Stick	1 pc	per	person
FRUIT SQUEEZABLE - apple	1 pc	per	person
ENERGY/PROTEIN BAR #1	1 bar	per	person
YOGURT COVERED FRUIT #1	1 bag	per	person
TRAIL MIX #3 - NFG - Dried Apric	1 each	per	person
ELECTROLYTE DRINK	1 each	per	person

B4- BAGEL AND CREAM CHEESE

BAGEL	1 each	per	person
CREAM CHEESE	2 packets	per	person
MEAT STICK #3 - ends and curls	0.5 each	per	person
DRIED FRUIT #1 - NFG - mixie/rai	1 pc	per	person
GRANOLA BAR - #3	1 bar	per	person
TRAIL MIX #4 - NFG - honey sunl	1 each	per	person
ELECTROLYTE DRINK	1 each	per	person

B5-PANCAKES

PANCAKE MIX - just add water (c	1 box	per	crew
SYRUP	1 bottle	per	crew
SPAM SINGLE (Ely only)	1 pc	per	person
YOGURT COVERED FRUIT #3	1 pc	per	person
CRUNCHERS - NFG - chili lime	1 packet	per	person
ELECTROLYTE DRINK	1 each	per	person

B6-SPAM AND HASHBROWNS

SPAM - INDIVIDUAL PACKAGE	1 pouch	per	person
DRY HASHBROWNS	1 oz	per	person
SHELF STABLE CHEESE BLOCK	2 block	per	crew
DRIED FRUIT #2 -	1 each	per	person
HONEY STINGER WAFFLE	1 bar	per	person
TRAIL MIX #5 - NFG - crunchers -	1 pc	per	person
ELECTROLYTE DRINK	1 each	per	person

Crew #: _____

B7-PEANUTBUTTER TOAST

Hudson Bay Bread	1 bar	per	person
PEANUT BUTTER/Jelly	1 SLEEV	PER	person
DRIED FRUIT # banana	1 pkg	per	person
ENERGY/PROTEIN BAR - #2	1 bar	per	person
MEAT STICK #4 - ends and curls	0.5 bag	per	person
TRAIL MIX #6 - Cranberry Crunc	1 each	per	person
ELECTROLYTE DRINK	1 each	per	person

B8-GRANOLA

GRANOLA - #2	4 oz	per	person
ENERGY/PROTEIN BAR - #3	1 bar	per	person
MEAT STICK #5 - sunrise stick	2 sticks	per	person
YOGURT POUCH - banana	1 pc	per	person
TRAIL MIX #7- Kar's Original	1 each	per	person
POWDER MILK	1 packet	per	crew
ELECTROLYTE DRINK	1 each	per	person

B9 - PRO-BAR

PRO-BAR #1	1 each	per	person
MEAT & CHEESE - bbq chicken	1 stick	per	person
FRUIT SQUEEZABLE w/ VEGGI	1 pc	per	person
CRUNCHERS - NFG - ranch	1 each	per	person
YOGURT COVERED FRUIT #2	1 each	per	person
ELECTROLYTE DRINK	1 each	per	person

B10 -OATMEAL

OATMEAL	2 packets	per	person
HONEY STINGER WAFFLE	1 bar	per	person
DRIED FRUIT #4 - mixie	1 pc	per	person
MEATSTICK #6 - highland beef	1 each	per	person
GRANOLA BAR - #4	1 each	per	person
TRAIL MIX #8 - NFG - kar's origi	1 each	per	person
ELECTROLYTE DRINK	1 each	per	person

B11-GRANOLA

GRANOLA - MAPLE ALMOND	4 ounces	per	person
H.S. WAFFLE - #3	1 waffle	per	person
ENERGY/PROTEIN BAR - our fa	1 bar	per	person
MEAT STICK #7 - ends and curls	0.5 pkg	per	person
YOGURT POUCH - strawberry	1 each	per	person
DRIED FRUIT #5 - NFG - Mixies	1 each	per	person
POWDERED MILK	1 packet	per	crew
ELECTROLYTE DRINK	1 each	per	person

B12-PRO-BAR

PRO-BAR #2	1 each	per	person
MEAT & CHEESE - beef & jalape	1 each	per	person
YOGURT COVERED FRUIT #4	1 pc	per	person
GRANOLA BAR - #5	1 bar	per	person
FRUIT SQUEEZABLE w/VEGGII	1 pkg	per	person
CRUNCHERS - NFG - ranch	1 pkg	per	person
ELECTROLYTE DRINK	1 each	per	person

L1-FRESH LUNCH MUST USE 1ST DAY (Store in Refrigerator)

BREAD	2 loafs	per	crew
LUNCH MEAT	2 lbs	per	crew
CHEESE SLICES (american cheese)	2 each	per	person
MUSTARD	2 packets	per	person
MAYO	2 packets	per	person
ORANGE	1 each	per	person
ANIMAL CRACKERS	1 each	per	person
ELECTROLYTE DRINK	1 each	per	person

L2-PITA WRAPS MUST USE 2ND OR 3RD DAY

PITA BREAD	1 pack	per	crew
SUMMER SAUSAGE 9oz (Ely onl)	3 sausage	per	crew
CHEESE BLOCK	1 per	per	crew
PEANUT BUTTER CRACKERS	1 packet	per	person
SALTED NUT ROLL	1 bar	per	person
APPLE	1 each	per	person
ELECTROLYTE DRINK	1 each	per	person

L3-BAGEL MUST USE 2ND OR 3RD DAY

BAGEL	1 each	per	person
Peanut butter/jelly pouches	2 packets	per	person
TRAIL MIX # 9 - Planter fruit & nu	1 each	per	person
FRUIT SNACKS	2 packets	per	person
BROCCOLI	1 head (p	per	crew
RANCH PACKET (shelf stable)	1 each	per	person
PRINGLES	2 can	per	crew
ELECTROLYTE DRINK	1 each	per	person

L4-SUMMER SAUSAGE CRACKERS

CLUB CRACKERS	1 box	per	crew
CHEESE WEDGE - Pepper jack	0.5 wheel	per	person
SUMMER SAUSAGE 9oz (Ely onl)	3 sausage	per	crew
TRAIL MIX #14 - Philmont Nut &	1 pc	per	person
FRUIT BAR	1 each	per	person
FRUIT SNACKS	2 each	per	person
ELECTROLYTE DRINK	1 each	per	person

L5-HUDSON BAY BREAD

HUDSON BAY BREAD	1 bar	per	person
peanut butter/jelly pouches	1 SLEEVE	PER	person
MEAT STICK #7 - country meat - C	2 pc	per	person
FRESH CARROTS	0.5 each	per	person
RANCH PACKET (shelf stable)	1 each	per	person
DRIED FRUIT # 6 - raisins	2 each	per	person
CHEESE WHALE	1 each	per	person
ELECTROLYTE DRINK	1 each	per	person

L6-PEPPERONI PIZZA

TORTILLA	1 pack	per	crew
CHEESEWICH - MOZZ AND PEP	1 each	per	person
SQUEEZABLE PIZZA SAUCE (pl)	1 bottle	per	crew
Bagel Chips	3 bags	per	crew
TRAIL MIX #11 - Planters Cajuin	1 pc	per	person
DRIED FRUIT - 10	1 pc	per	person
TWIZZLERS	1 each	per	crew
ELECTROLYTE DRINK	1 each	per	person

L7- CRACKERS AND HUMMUS

CHEESE WHALE	1 pkg	per	person
HUMMUS	1 pc	per	person
MEAT & CHEESE STICK - beef c	1 pc	per	person
TRAIL MIX #12 - Planters fruit &	1 pc	per	person
FRUIT SQUEEZABLE - cinnamon	1 pc	per	person
RICE KRISPY TREAT	1 pc	per	person
ELECTROLYTE DRINK	1 each	per	person

L8 - CHICKEN SALAD

WASA CRACKERS	2 package	per	crew
CHICKEN (POUCH) - 3 OZ	1 pc	per	person
MUSTARD	2 pc	per	person
MAYO	2 pc	per	person
RELISH PACKET	2 pc	per	person
TRAIL MIX #13 - NFG - honey su	1 pc	per	person
YOGURT COVERED PRETZELS	2 package	per	crew
FRUIT LEATHER	1 pc	per	person
ELECTROLYTE DRINK	1 each	per	person

L9-CHICKEN WRAPS

TORTILLA (8 inch)	2 packs	per	crew
CHICKEN 3oz pouch	1 packet	per	person
Texas Pete	3 packet	per	crew
RANCH PACKET (shelf stable)	1 packet	per	person
CARROT	3 each	per	crew
SHELF-STABLE CHEESE BLOC	0.5 block	per	person
TRAIL MIX #10 - Planter Nut & C	1 bag	per	person
H.S. ENERGY CHEWS	1 bag	per	person
ELECTROLYTE DRINK	1 each	per	person

L10-HUDSON BAY BREAD

HUDSON BAY BREAD	1 bar	per	person
PB and J Pouch	1 sleve	per	person
MEAT & CHEESE - bbq chicken	1 pc	per	person
DRIED FRUIT - Raisin	2 pc	per	person
TRAIL MIX #15 - planters cajuin	1 pc	per	person
ELECTROLYTE DRINK	1 each	per	person

L11-TUNA & CRACKERS

WASA CRACKERS	2 package	per	crew
TUNA	1 packet	per	person
SHELF STABLE CHEESE - ched	0.5 pc	per	person
FRUIT SQUEEZABLE - berry	1 per	per	person
CRUNCHERS - ranch	1 pc	per	person
HONEY STINGER ENERGY CHI	1 pc	per	person
ELECTROLYTE DRINK	1 each	per	person

L12 - HUMMUS AND CRACKERS

Bagel Chips	3 bags	per	crew
HUMMUS	1 pc	per	person
MEAT AND CHEESE STICK - be	1 pc	per	person
TRAIL MIX #16 - Planters fruit &	1 pc	per	person
DRIED FRUIT #9 - raisin	1 pc	per	person
TWIZZLERS	1 pc	per	crew
ELECTROLYTE DRINK	1 each	per	person

L13-SUMMER SAUSAGE & CRACKERS

CLUB CRACKERS	1 box	per	crew
SUMMER SAUSAGE	3 sausage	per	crew
CHEESE WEDGE - pepper jack	0.5 pc	per	person
TRAIL MIX #17 - planmters nut &	1 pc	per	person
FRUIT SQUEEZABLE gogo apple	1 pc	per	person
RICE KRISPY TREAT	1 pkg	per	person
ELECTROLYTE DRINK	1 each	per	person

D1-VOYAGEUR FAJITA (Store in refrigerator)

TORTILLAS	2 packs	per	crew
SPANISH RICE	34 oz	per	crew
CHICKEN (1.5 lb pack)	1 each	per	crew
FRESH GREEN PEPPER	1 each	per	crew
FRESH ONION	1 each	per	crew
FAJITA SEASONING	1 packets	per	crew
SALSA	1 bottle	per	crew
CHEESE BLOCK (16 oz)	1 block	per	crew
PUDDING POWDER, CHOCOLAT	3 boxes	per	crew

D2-NORTHWOODS SPAGHETTI

ROTINI PASTA	27 oz	per	crew
DRIED HAMBURGER	1 ounces	per	person
TOMATO POWDER	1 packet	per	crew
SPAGHETTI SEASONING	2 packet	per	crew
FRESH GREEN PEPPER	1 each	per	crew
FRESH ONION	1 each	per	crew
BAGEL, PLAIN	1 each	per	person
BROWNIE MIX	1 packet	per	crew

D3-KEKAKABIC SUPREME

DRIED POTATO SLICES	3.667 ounces	per	person
DRIED SAUSAGE CRUMBLES	1 ounces	per	person
CHEESE SAUCE POWDER	1 packet	per	crew
SOUR CREAM POWDER	1 packet	per	crew
DRIED CORN	4.5 ounces	per	crew
BISCUIT MIX (just add water)	2 packets	per	crew
MUFFIN MIX - chocolate chip	2 packets	per	crew

D4-POO BAH BURGEOO

DRIED CHICKEN	1 ounces	per	person
WILD RICE SOUP MIX	2 packet	per	crew
BROWN RICE 13.5	13.5 oz	per	crew
DRIED PEAS	4.5 ounces	per	crew
PITA BREAD	1 pack	per	crew
GRAHAM CRACKERS	1 box	per	crew
MARSHMALLOWS	1 bag	per	crew
CHOCOLATE BAR	1 bar	per	person

D5-CHARLIE'S KRAFT WALLEYE

MACARONI PASTA	27 oz	per	crew
BACON CRUMBLES - shelf stabl	3 packet	per	crew
CHEESE SAUCE POWDER	2 packet	per	crew
DRIED GREEN BEANS	4.5 ounces	per	crew
DRIED CARROTS	4.5 ounces	per	crew
CHOCOLATE CAKE MIX	1 box	per	crew
HAZELNUT SPREAD	1 jar	per	crew
CROUTONS (individual)	1 packet	per	crew

D6-CHILI MAC

MACARONI PASTA	27 oz	per	crew
DRIED CHILI MIX WITH BEAN!	2 bag	per	crew
CHEESE SAUCE POWDER	2 packet	per	crew
DRIED HAMBURGER	1 ounces	per	person
DRIED CORN	4.5 ounces	per	crew
CORN BREAD MIX	2 box	per	crew
MUFFIN MIX - blueberry	2 packets	per	crew

D7-PESTO PASTA

EGG NOODLES (16 oz bag)	27 oz	per	crew
DRIED CHICKEN	1 ounces	per	person
PESTO SEASONING	2 packets	per	crew
PARMESAN CHEESE	2 packets	per	crew
DRIED BROCCOLI	4.5 ounces	per	crew
BISCUIT MIX (just add water)	2 packet	per	crew
BROWNIE MIX	1 packets	per	crew

D8-RED BEANS AND RICE

RED BEANS AND RICE MIX (za	1 box	per	crew
BROWN RICE (13.5 OZ)	14 oz	per	crew
DRIED CORN	4.5 ounces	per	crew
DRIED SAUSAGE CRUMBLES	1 ounces	per	person
TORTILLAS	2 packs	per	crew
CHEESECAKE MIX	1 box	per	crew
GRAHAM CRACKERS	1 box	per	crew

D9-BBQ CHICKEN

DRIED CHICKEN	1 ounces	per	person
INSTANT MASHED POTATOES	4 packets	per	crew
DRIED CORN	4.5 ounces	per	crew
BBQ SAUCE PC	3 pc	per	person
CORN BREAD	2 packet	per	crew
SHELF STABLE BLOCK - chedd	3 blocks	per	crew
PUDDING POWDER, VANILLA	3 packets	per	crew
DRIED FRUIT - banana	1 oz	per	person
VANILLA WAFERS	1 packet	per	crew

D10-ENCHILLADAS

ENCHILLADA SOUP MIX	2 bags	per	crew
TORTILLAS	2 packs	per	crew
SPANISH RICE	2 boxes	per	crew
DRIED CHICKEN	1 ounces	per	person
SOUR CREAM POWDER	1 packet	per	crew
Black Beans	1 pouch	per	crew
DRIED CORN	4.5 ounces	per	crew
YELLOW CAKE MIX	1 box	per	crew

D11-CHARLIE'S KRAFT WALLEYE

MACARONI PASTA	27 oz	per	crew
TUNA	3 packet	per	crew
CHEESE SAUCE POWDER	2 packet	per	crew
DRIED PEAS	4.5 ounces	per	crew
DRIED CARROTS	4.5 ounces	per	crew
MUFFIN - blueberry	2 packet	per	crew
CROUTONS	1 packet	per	person

D12-NORTHWOODS SPAGHETTI

_____	ROTINI PASTA	27 oz	per	crew
_____	DRIED HAMBURGER	1 ounces	per	person
_____	TOMATO POWDER	1 packet	per	crew
_____	SPAGHETTI SEASONING mix	2 packet	per	crew
_____	DRIED GREEN BEANS	4.5 ounces	per	crew
_____	BROWNIE MIX	1 packet	per	crew

CUPBOARD ITEMS AND ESSENTIALS

_____	BANNOCK	2 lbs	per	crew
_____	FISH FRY	1 lbs	per	crew
_____	POPCORN	0.25 lbs	per	crew
_____	PARKAY BUTTER	1 bottles	per	crew
_____	FRESH ONION	1 EACH	per	crew
_____	CANOLA OIL (12 oz bottles)	2 bottles	per	crew
_____	SUGAR-WHITE	1 lbs	per	crew
_____	SUGAR-BROWN	1 lbs	per	crew
_____	SUGAR-POWDERED	0.5 lbs	per	crew
_____	DRIED MILK	1 packet	per	crew
_____	FRESH CARROTT	1 EACH	per	person
_____	FRESH GREEN PEPPER	3 EACH	per	crew
_____	FRESH POTATO	0.75 EACH	per	person

BEVERAGES

_____	COFFEE (REGULAR)	2 packets	per	day/per crew
_____	COFFEE (DECAF)			
_____	TEA (REGULAR)			
_____	TEA (DECAF)			
_____	HOT CHOCOLATE	1 packets	per	person
_____	APPLE CIDER	1 packets	per	person
_____	SUGAR PACKETS			
_____	CREAMER PACKETS			
_____	SWEET N LOW			

CONDIMENTS

_____	KETCHUP
_____	MUSTARD
_____	BBQ SAUCE
_____	TACO SAUCE
_____	MAYONNAISE
_____	RELISH
_____	SOY SAUCE

ESSENTIALS

_____	TOILET PAPER	1 rolls	per	day
_____	FEMININE BAGS	1 bag	per	female/day
_____	LINER BAG FOR FOOD PACK	1 bag	per	food pack

WE'RE ALL PACKED & READY TO GO!!

SIGNATURES:

TRAIL STAFF: _____

COMMISSARY: _____