
NORTHERN TIER CREW FIRST AID KIT

- Adhesive bandages (assorted sizes)
- Knuckle and fingertip bandages
- Steri strips
- Moleskin/molefoam
- Second skin
- Gauze pads – 3” x 3”
- Adhesive tape – 1” x 15’
- 1” or 2” roll of gauze
- 4” elastic bandage
- Oval eye patch
- Antibiotic ointment
- Disposable alcohol wipes
- Triangular bandage
- Acetaminophen (Tylenol) – minimum 50 tablets
- Ibuprofen tablets
- Antidiarrheal (Pepto Bismol, Imodium or something similar) – minimum 10 doses
- Antacids
- Antihistamine - tablets and liquid form
- Steroid cream
- Anaphylaxis-Kit (if needed)
- Throat lozenges
- Cold caplets
- Small bar soap
- Lip balm
- 2 - Thermometers
- Scissors
- Tweezers
- Safety pins
- Side cutters
- Nitrile or Latex gloves – we recommend 2 dozen pair
- Face masks – extra cloth face masks in case of emergency.
- Barrier Device for Resuscitation
- Sunscreen
- First Aid Manual