**What should we bring?**

Kapvik provides almost all of the gear required for a safe and satisfying winter camping adventure. However, each individual and each crew will need to bring some of their own personal gear.

**Group Gear:**  All crews are required to bring their own First Aid kit

**Personal Gear:**

*Required:*

- 2 Winter Hats (preferably fleece)
- 2 pairs of synthetic long underwear (tops and bottoms; NO COTTON)
- 2 pairs liner gloves
- 2-3 pairs wool or heavy synthetic socks
- 2-3 pairs synthetic liner socks
- 1 pair of sturdy rain gear (loose fitting)
- 1 compass
- 3-Season Sleeping bag. This will be combined with an Okpik issued Cold Weather sleeping bag.
- Headlamp or flashlight and extra batteries (MUST HAVE – days are short in the winter)
- Toiletry articles (toothbrush, toothpaste, etc.)*
- Plastic Cup, bowl and spoon
- Stuff sacks (33 liter or less) or small duffel bag for all personal gear (DO NOT plan to take large suitcases or large packs on trail)
- Items for showering* (towel, soap, etc.) and clothes for the trip home
- Scarf or Neck Gaiter*
- Sunglasses* or Ski Goggles

*The following items are available for outfitting, though you may feel more comfortable in your own:*

- 2 pairs wool or fleece pants
- 2 sweaters* – preferably wool or polar fleece
- 2-3 pairs of mittens* (mittens are warmer than gloves)
- 1 wind jacket
- 1 pair snowpants or rainpants
- Skis and snowshoes
- Warm/winter boots (e.g., Sorels or Kamiks) with removable liners

*The following items are recommended but not provided by Kapvik*

- Suspenders (better than a belt in cold weather)
- Fleece Vest
- Pocketknife/matches/bandana *
- Sunscreen and chapstick *
- Camera and film

*These items are available for purchase in the Trading Post or online at www.ntier.org.*