

## TRAIL STAFF - PERSONAL EQUIPMENT

As a staff member, your personal equipment sets the example. The participants will look to you as the expert. It is essential that you keep your gear clean and in good repair. Interpreters, especially, will be “living out of a pack” for most of the summer. Okpik staff should use the personal equipment list found in the Okpik Participant Handbook.

### For All Staff

- Complete and official BSA Uniform, Uniform of your country’s Scouting program, and/or Northern Tier Staff Activity Uniform - Northern Tier will provide a complete Northern Tier Uniform for wear on base. Additional parts and pieces are available for purchase. You must wear either a complete Northern Tier Uniform OR a complete Boy Scout Uniform at all times when not on trail.
- Work boots or sturdy shoes (with socks).
- Work clothes that can be used for painting or other “messy” jobs that would stain or ruin your uniform or off duty clothes
- Clothing for time off (non-work clothes) - street clothes, remember you will be seen on base with these clothes on so make sure they are Scout Appropriate.
- Toilet kit w/ toothbrush, toothpaste, soap, small towel, wash cloth, comb or brush, small metal mirror
- Sturdy rain gear, preferably a rain jacket (NOT A PONCHO)
- Letter writing materials, (paper, envelopes, stamps, pens)
- If you wear glasses or contact lenses, you should bring an extra pair.
- Summer or compact 3-season sleeping bag for trail travel. This should compress for packing.
- Sheets and blankets for cabin camping on base. This might be more comfortable than your sleeping bag and will give you a chance to clean/air out your sleeping bag between trips.
- Pillow
- Water bottle
- Toiletries Bag - something to carry your shower needs to and from the shower building
- Toiletries - shampoo, conditioner, soap, toothpaste, toothbrush, towel, washcloth
- Laundry Soap and bag to move laundry

### Optional:

- A few books, musical instrument, and other personal items
- Camera and waterproof carrying case
- Binoculars
- Personal sewing kit
- Voyageur style clothing (optional).
- Fishing rod, reel, and tackle
- Personal filet knife and good sharpening equipment
- Sunglasses (consider 2 pair, as there is a high likelihood you will lose one on the trail at some point)
- Consider your technology needs and plan accordingly with wired and wireless charging devices
- Things that might help on days off: Hammock, sports stuff(basketball, frisbee, ball and glove), books
- Items to brighten your time on trail: Hawaiiin shirt, funny hat, sports jerseys
- Earplugs (if you are a light sleeper)

Many items available at  
[www.northerntiertradingpost.org](http://www.northerntiertradingpost.org).

Staff will be given 25% off and free shipping for purchases made online before arrival use code:

Welcome25

Valid until May 15<sup>th</sup>

### Trail Clothes (for anyone that will go on trail – required for Interpreters)

- One pair long pants (synthetic or cotton-poly blend. NO BLUE JEANS!)
- One long-sleeve shirt (lightweight or synthetic for sun and bug protection)
- Two T-shirts
- Minimum of 2 pairs of underwear
- Minimum of 3-4 pairs of wool or synthetic socks
- 1 lightweight fleece jacket
- Bandana
- Boots with good ankle support (These will be wet every day. The Northern Tier Trading Post sells the Merrill Moab Mid – which is a great boot for the trail.)

All participants/staff are required to wear boots that have full ankle coverage, a rugged stitched or vulcanized sole and drainage at the instep. Boots should not be waterproof. If you are unsure if the boots you are planning to bring meet this requirement please feel free to contact us prior to your arrival. The Northern Tier Trading Post sells the Merrill Moab Mid Ventilator, which meets the requirement. The health and safety of our participants is of utmost importance to us, for this reason there are no exceptions to the boot requirement.

- Camp shoes (sneakers or moccasins - must be closed toe, closed heel, with a solid sole to protect your feet - NO SANDALS)
- Shorts or a swim suit. (Staff may not wear revealing bathing suits such as speedos or bikinis.)
- Rain gear (jacket or pants. NO PONCHOS!)
- Stocking Cap and Mittens/Gloves for cool nights and mornings.
- Hat with broad brim for sun and rain protection
- Extra shoe/boot laces or parachute cord

### Extra Items for Trail

- Passport! You cannot travel into Canada without it!
- Small guide pack or internal frame pack\*
- 1-person or small 2-person tent\*
- Dry Bag (25-30 Liter)
- Laundry detergent, etc... for personal laundry needs.
- U.S. or Canadian (in Canada) Coastguard approved Type III PFD \* (Yellow, Orange, or Red recommended)
- Paddle\*
- Sleeping pad (self-inflating or closed-cell foam)
- Sunglasses
- Summer or compact 3-season sleeping bag with stuff sack (compression stuff sack advisable)
- Compass
- Headlamp and extra bulb, batteries
- Field guides/interpretive books or booklets
- Small fishing hand net
- Bowl, cup, and spoon
- Leatherman-type tool (or pliers with wire cutter and pocketknife)

### Personal first aid kit

- Sunblock or cream
- Lip Balm
- Foot Powder

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### **\*Item available for check-out if you do not have your own**

For trail staff a locker will be provided for personal gear. Trail staff will not be allowed to leave items in cabins while on the trail. You should bring your own lock (combination lock recommended). All of your gear must fit into one locker, approximately 4' X 2' X 2'. Do not bring extremely valuable personal items or things that you will not use.